



War On Board, Tito Tibi (F1)



Chess: simply a war of skill and brainpower played on a board. The finals for this game were held on Wednesday the 27th. The players were grouped into 8 teams, team A-H. The team members then competed amongst themselves to get the 8 finalists. They included: **John Paul Kimani and Angelo Mungai** (class 6), **Michael Gatheru, Kanyiri Kariuki, Walter Kanjenjo, Trevor Ndibo, Eugene Muthumbi and Nelson Kisenga** (class 7). The 8 finalists then competed amongst themselves. In the end, **Michael Gatheru, Kanyiri Kariuki, Walter Kanjenjo and Eugene Muthumbi** were the final 4. They then battled it amongst themselves to get the final 2. These were **Michael Gatheru and Kanyeri Kariuki**. The two then had to show who was the smarter and most skilled in the game. It certainly was thorny for both of them, but finally one had to be reminded: You indeed cannot win them all.

The third runner-up was **Eugene Muthumbi**, second runner-up, **Walter Kanjenjo**, first runner-up position held up by **Kanyiri Kariuki** and the Champion of the 2008 Chess tournament was none other than **Michael Gatheru**. To all participants of the tournament:

Congratulations and an even bigger 'félicitation' to Michael Gatheru.



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Nine Big Ones To None, Tito Tibi(F1)



Top: *Biko Orlale (F3)*
Bottom (from left): *James Ndege (F3) and Mohamed Ali (F2)*

Indeed, the match played by the soccer team A on Wednesday the 17th was simply fantastic. Nine were the goals by which we won against Oshwal Academy.

The team A soccer team came down dressed in their new uniform filled with psyche and zeal. No one was left out: from the **Principal, Mr Gortazar**, to the young Primary students. All gathered, filled with exhilaration in support of their team.

Prr! The referee blew the whistle for the game to begin. And away the ball went from one to the next. Shortly after, **Sharmaarke Jama** of form 3 scored the first goal. Minutes later, **Marvin Sultani (form 3)**, then scored the next two goals. After some time... "From **Gideon Sonoiya, Ian Minjire, Biko Orina** and ...Ooh! He scores the fourth goal,"

The footballers broke for their halftime with

great excitement. They refreshed themselves. However this did not go without a word from the coach. He said that if they wanted to, they could win with a large goal difference.

It was not until some time into the second half that Oshwal Academy scored themselves a whopping two shameful consecutive goals. Well, one man's poison is another man's meat. Shortly after, **Abel Amwayi (F2&)** scored the 7th goal. Following him was **Ian Minjire (F2&)** who scored the 8th goal. By this time, fans were on their feet and very hyper. Out of nowhere, **Gideon Sonoiya** scored the final goal. The Oshwal goalkeeper could not help but sit down at what was now their fate.

Prr! The match was over. The field was now flooded with people filled with mirth and joy. Job well done to all Soccer team members.

U-11 Makini Tournament, Masidza Galavu (F2)



For the Strathmore School Sports Fraternity, third term is turning out to be a great term, having won more than four matches and drawn one. One of the teams that contributed to this success was the Std 5 and 6 Basketball team.

The team, made up of mainly Std 5s and two Std 6s, represented Strathmore during the Makini U-12 Tournament held at Makini School, which also happened to be its 30th Anniversary.

The team battled its way up the ranks and secured itself in the second place, behind Makini School who won the tournament. They had an exceptional performance and brought back home X medals and a trophy. The Strath Media CONGRATULATES them for their performance.

Strath Vs. Oshwal Team B; a sneak into the past, Paul Koros (F1)



It was the 17th of September. The venue was Oshwal Academy-Nairobi. We arrived there just before 3.30p.m, much earlier than anticipated for the sole purpose of warming ourselves up. The pitch was soggy but even that couldn't dampen our spirits as we began the game. Before long, we were a goal ahead, courtesy of **Brandon Macharia (F2&)** and soon afterwards, **Samson Wainaina (F1A)** added to the tally. Oshwal attempted to fight back and got one goal in before **Tom Wanyama (F2A)** put another past the keeper. In the second half, we were put under quite a bit of pressure but **Samson** put in the final nail in the coffin with his second goal of the game, effectively ending the game as a contest. Final score 4-1.

3P: Pupils Pay Price with Punitive, Physical, Pre-Polling Programme

So, it all began in the year of '07, when they were in Form 1. The December holiday had been especially long, having gotten leave of school earlier after their final exams. They also got to open later than the rest of the school, and, being in a festive mood, some had become very familiar with the Innscor trademarks such as Terrific Tuesday and Thursday Thriller. Some had even learnt Spanish along the way, what with being regulars at Galito's. As spritely youngsters, they arrived in school relishing the fact that they now had 2 sports sessions per week. Little did they know what was in store for them, as the school's Sports Department plotted their death-to-be. This was back in '04; those are not memories they particularly cherish. 4 years later, we at Strath Media decided to do a little research on the common hated phenomenon and we uncovered more than we expected about the entire experience. When we went to see the head-of-operation **Mr. Fernando Asiko** and enquire on what he believes about the entire system, this is what he had to say, "I think it's a good system of getting these *form ones* fit and ready for the hardships of the Strathmore sporting system. It is better they struggle now..." The toughest 3P coach/supervisor, **Mr. Constant Cap** was unavailable for comment.

Now, here is the interview in full of one student's account of the 3P ordeal, by a preferably unnamed student:

SM: How different is a 3P day from an ordinary day?

TABLOID EDITION SEEN AND HEARD AROUND 'EM WALLS

Student: *aki walai* every Wednesday when I wake up in the morning I *jua* that *enyewe* today is going to be a hard day. *Hadi* I have to take a larger breakfast so that I can be ready for what's ahead. *Alice* (the canteen lady) and I even have a plan for those days so that she can give me 2 mandazis instead of my usual 1. I usually carry my special shoes so that I can survive the 400-metre run which feels more like 1500 under the Nairobi sun.

SM: What is the most challenging event?

Student: *Enyewe* for real, I think that the 'burpees' and the press-ups are the toughest. But it's different for everyone coz guys who have *nonad* find the 400-metres the worst bit of the day (*laughs*)

SM: How has it affected you?

Student: *Enyewe* the way I *cheki* it, I feel fitter and faster, even when am chilling with my "*boys in tha hood*" I can do everything faster, running, eating, laughing, talking....u guy it feels harsh.

So, despite the respondents' use of colloquial tongue, am sure we all see now how the day in the life of a Form 1 has changed ever since the inception of the 3P programme. Call it tough, call it gruelling, call it rough, but it has its advantages as clearly stated by the respondent.

Keep reading the Tabloid Edition for more stories that affect our daily life as students.